

CONVENIENT CLASS SCHEDULE

Classes are held online for 12 consecutive weeks. Our schedule is designed to accommodate busy professionals working full time.



Download our calendar at our website: www.mylinkusa.com

AFFORDABLE PRICING

The average annual tuition of a private college in the United States is \$39,400 (source: College Data). Link Educations USA's all-inclusive Fitness Program tuition is \$3,425.95 which covers live online classes with experienced instructors, and your study material that will prepare you to start your new international career in the fitness industry. We offer different financing plans as well as a substantial discount for full payments, a paid referral program and a scholarship program.

Download our full tuition cost and payment plans catalogue at our website: www.mylinkusa.com



LET OUR EXPERIENCE ADD TO YOURS

We know what it takes to get results and we are ready to share it with you. Link's instructors are experts in corrective exercise, functional movement and resistance training. They are licensed and certified to teach. Let us help you prepare for a successful career in fitness.

Contact Link Education today to enroll in our Certified Fitness Training Program.

Occupational Competencies

You will gain proficiency in the following performance domains:

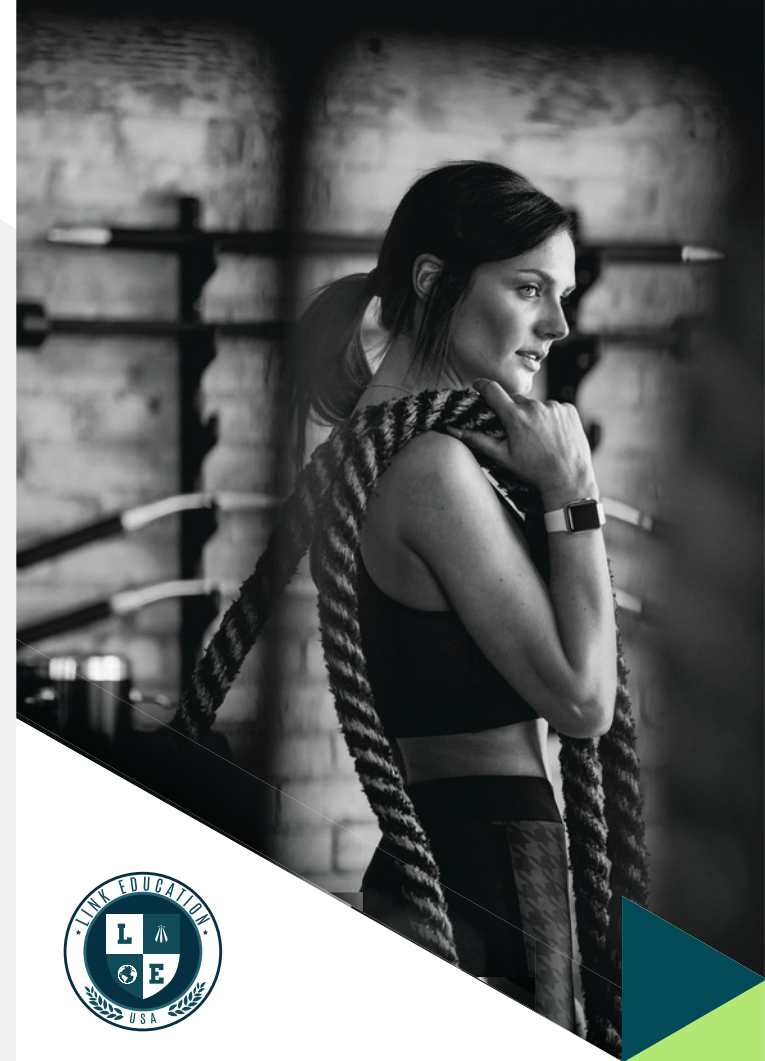
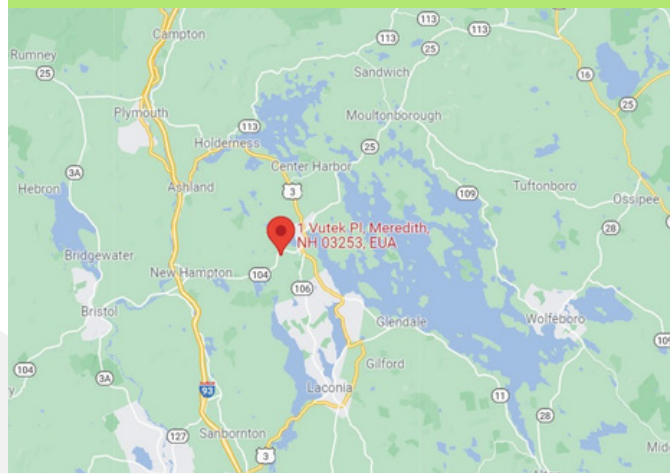
- Business/Sales/Marketing
- Scope of practice and ethical behavior
- Knowledge of the human movement and cardiorespiratory systems
- Client Fitness Assessment
- Exercise Program Design
- Exercise Program Progression
- Strength, Functional and Corrective Training



START YOUR
NEW FITNESS CAREER
AT LINK EDUCATION USA

+1 (603) 461-5281

mylinkusa.com
1 Burton Drive Meredith - NH



FITNESS
TRAINING
PROGRAM

mylinkusa.com

You will learn skills to perform fitness assessments and develop safe and effective training programs for clients with different conditioning levels, goals and limitations.

You will be introduced to topics such as anatomy, physiology, biomechanics, exercise prescription, program progression, components of an exercise training plan, such as flexibility techniques, cardiorespiratory protocols, with emphasis on exercise selection, correct posture and main training techniques for all body segments.



LINK TEACHES SUCCESSFUL TRAINING AND COMMUNICATION TECHNIQUES

Learn to coach personalized resistance, flexibility and cardiovascular programs that will directly benefit your clients beyond toning and weight loss. You will help them discover the science of moving efficiently through exercise while improving their fitness levels and their self-esteem. Our Fitness Training Program will help you land a job, open your own business or work from home online. Link Education will give you the education and communication skills you need to become a leader in the fitness industry.

THE FUTURE OF FITNESS TRAINING

The United States Department of Labor - Bureau of Labor Statistics (BLS) estimates that the median annual wage for fitness trainers in the United States was \$45,380 in May 2022. Employers prefer to hire professional with a certificate. According to the US Bureau of Labor Statistics, employment of fitness trainers and instructors is projected to grow 14% from 2021 to 2031, much faster than the average for all occupations in the United States. They also project 65,500 new job openings for fitness trainers and instructors per year, on average, in the United States.



Link's Fitness Training Program is a unique educational experience

You will learn the science behind training programs and be able to work it effectively into coaching.



More than an online course

Hands-on classes will teach the skills and credential you need to build a professional reputation that will carry you far into the future.



Learn about safety

Our Fitness Program teaches you how to keep clients safe and injury free while increasing their performance and improving their esthetics.



Learn about business

Our marketing and sales classes will teach you how to create a healthy and sustainable business as a professional fitness trainer.

**THE OPPORTUNITY IS HERE.
ARE YOU READY?**